



CULTURE INFORMATION AND PASTORALIST DEVELOPMENT

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PROJECT TITLE: SOCIAL WELFARE ASSISTANCE TO ELDERLY PERSONS

GIVING DIGNITY TO THE ELDERLY PERSONS IN SOLOLO SUB COUNTY

Elderly persons are the fathers a, mothers and parents who have raised wonderful families who were expected to provide care and support in their old age. Many young parents did not reciprocate the same gesture of care and support to their elderly parents. The elderlies have raised the children in situation of abject poverty. Over 78 percentage of the community live below poverty line.

The parents whom we expect to support were struggling with their own children that the elderlies were left abandoned and live in a lonely life.

The elderlies do not access quality life hence lived in undignified life.

They do not have any financial empowerment to buy what they needs or visit health services when they fall sick or have a checkup or have a screen of chronic illness.

They were taken to hospital when they are on their death bed and the illness has advanced that the doctor's advice could be sorry the condition has advanced and there is no much we can help. Take the patient home. They frequently complain of arthritis, most were disabled due to lack of movement and exercise. There was no nurse home visit to advise them and help in some exercises

Nutritionally, they are malnourished; their body was wasted, weak, fragile and general malaise.

The elderlies have no food, not balanced diet. They have lost many teeth that they hardly eat solid foods. Hence mostly depends on porridge and milk.

The relatives mostly female daughters were in themselves unstable financially and further raising their own family were desperate. The care givers are also stigmatized, overwhelmed, and lack adequate knowledge and information on providing care and support for the elderly.

The elderlies lack decent shelter to live in; poor house furnishes, beddings, and kitchen equipment's.

If only they can access some basic needs like health care and good nutritional trained care givers the elderlies will live a quality and purposeful life.

THE GOAL

To give the elderlies in Sololo sub county a dignified and quality life

SPECIFIC OBJECTIVES

1. Access to good health care though medical insurance cover
2. Provision of nutritional support through monthly cash stipend
3. Provision of quarterly monitoring and supervision

4. Provision of conducive living environment household equipment and beddings
5. Provision of psychosocial support and counseling

PLANNED ACTIVITIES

1. Monthly cash transfers for the elderlies
2. To register and enroll the elderlies in National Hospital Insurance
3. Purchase and distribution of mattresses, beds, blankets and cooking and serving equipment
4. Improve house condition through repairs and construction of new once
5. Conduct home visit to monitor, progressives, status, and improvement, counseling, and review on monthly basis.

TARGET BENEFICIARIES

Social welfare assistance will target elderly women and men who do not have adequate care and support. Elderly's persons without any source of income and who are above 58 years old. Elderlies with chronic illness, disabilities will be given priorities. The older elderly has the chances of admission into the program.

IMPLEMENTATION PLAN

The social welfare program will be directly supervised by the coordinator. Identification of the beneficiaries will be done by the project staffs, and approved through the management team meeting. The beneficiaries will be registered and entered in the database for update, monitoring and reporting. Registration form will duly filled and signed

A nurse will be contacted to make a visit to the homes of elderlies to assess the conditions, services, progress and provide recommendation and report. The recommendation will be the basis for services provision. Services like blood pressure can be taken during home visits

Services will be provided as minimum standard requirement on need base rather than a blanket services for items already available and owned by the elderlies. Standard kit casa will be provided for all the beneficiaries, this will include metal box, 2 light soft blankets, 3plates, 1 giant thermos 3 mugs, 2 medium size sufurias and 3 spoons,1 serving raddle .1 medium size basin for bathing.(zanzariera-vestito-scarpe-sedia di plastica ...)

The shelter will be assessed and recommendation provided for either repairs, or constructing new 2 roomed slope houses

For cash transfer those who can walk can be paid at obbitu while those who cannot will be served and paid at their home by the project staffs.

On their final days the project will participate in a decent send off by providing the white cloth for dressing the body.

MONITORING AND EVALUATION

Monitoring will be a continuous process on monthly basis during payments and home visits by the project staffs. Health assessments will be done on quarterly basis through engaging a nurse. Quarterly monitoring tool will be filled for each elderly beneficiary and forwarded to the donor. Monthly database will be update on the activities carried out.

Pictorial evidence of services provided and the beneficiaries will be updated at every visits and services and shared with the donor.

PROJECT OUTPUT

1. The number of beneficiaries registered and served
2. The number of beneficiaries enrolled into NHIF medical insurance cover
3. The number of houses repaired or constructed
4. The number of households equipment provided
5. The number of beds, beddings provided

PROJECT OUTCOME

1. The number of beneficiaries visited health facilities and served through NHIF
2. Improved living environment and personal hygiene
3. Improved health and nutritional status
4. Increased quality of life lived
5. Positive attitude of health seeking behavior by both caregiver and beneficiary

BUDGET ESTIMATES

No	Budget Descriptions	Duration	Unit Cost	Monthly Cost	Total cost
1	Monthly cash transfers for 50 elderly beneficiaries	12 months	2000	100,000	1,200,000
3	Provision of minimum standard kit Casa 50 beneficiaries	Once	6000	300,000	300,000
3	NHIF medical cover for 50 beneficiaries	12	500	25,000	300,000
4	Construction of 5 new shelter for needy beneficiaries	Once	200,000	1,000,000	1,000,000
5	Repair of 10 dilapidated structures	Once	80,000	800,000	800,000
6	Allowance for a visiting nurse for assessment and counseling for 5 days	4 months	1500	7500	30,000
7	Distribution of 50 mattresses on need bases assessment	once	3500	175,000	175,000
8	Purchase and distribute 50 metallic beds 3ft X6ft on need base assessment	once	7500	375,000	375,000
9	Purchase of white clothes for wrapping bodies for final send off	Need based	2,500		125,000
				GRAND TOTAL	4,305,000
				KSHS	

BY GUFU GUYO
CHAIRMAN